



Infusion and Injection Menu





Welcome

We are so grateful you're here! At The Nectar Nest, we're passionate about the power of functional medicine and have always believed in the importance of wellness from within.

We are thrilled to have the opportunity to share this with you. Our goal is to help you feel your best and support your health every step of the way. Thank you for trusting us to be a part of your wellness journey.





Liquid Sunshine (Meyers)

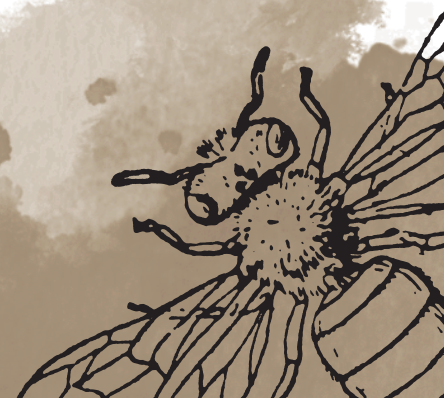


The Meyers Cocktail is a type of intravenous (IV) infusion named after the late Dr. John Myers, a physician who pioneered the use of intravenous nutrient therapy - consists of a blend of nutrients designed to support overall health and well-being.

INGREDIENTS

PREMIUM

- Magnesium Chloride
- Methylcobalamin (B12)
- Ascorbic Acid (Vitamin C)
- B Complex





The Rehydrator

(Normal Saline)

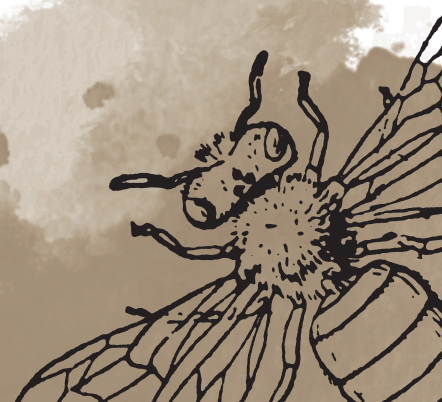


The normal saline infusion is a combination of sterile water and sodium chloride (salt) that work to restore fluid balance and hydrate your tissues.

INGREDIENTS

BASIC

- Normal Saline





The Eternal Glow

(Anti-Aging)



An anti-aging infusion, often referred to as a “youthful vitality infusion” or “age-defying infusion” administered intravenous (IV) infusion, is a specialized blend of fluids, vitamins, minerals, antioxidants, and other nutrients designed to promote skin health, cellular repair, and overall well-being.

INGREDIENTS

BASIC

- B Complex
- Biotin

PREMIUM

- Magnesium Chloride
- B Complex
- Ascorbic Acid (Vitamin C)
- Biotin
- Glutathione IV push





The Purifier (Detox)



A detox infusion mixture, administered intravenous (IV) infusion, is a focused blend of fluids, vitamins, minerals, and antioxidants designed to support the body's natural detoxification processes and promote overall wellness.

INGREDIENTS

PREMIUM

- Magnesium Chloride
- Ascorbic Acid (Vitamin C)
- B Complex 100
- Glutathione IV push





Get Up and Go (Energy)



An energy infusion, administered intravenous (IV) infusion, is a specialized blend of fluids, vitamins, minerals, and nutrients designed to enhance energy levels, promote alertness, and support overall vitality.

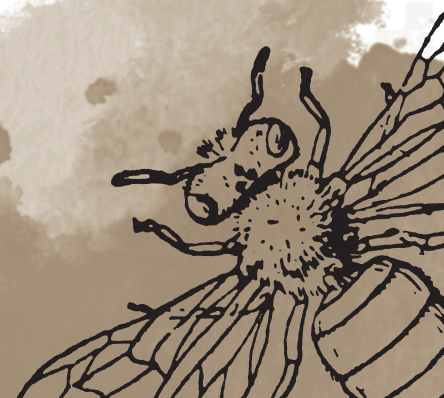
INGREDIENTS

BASIC

- Methylcobalamin (B12)
- Ascorbic Acid (Vitamin C)
- B Complex

PREMIUM

- Methylcobalamin (B12)
- Ascorbic Acid (Vitamin C)
- B Complex
- Folic Acid
- Biotin





Painkiller (Migraine/Pain)

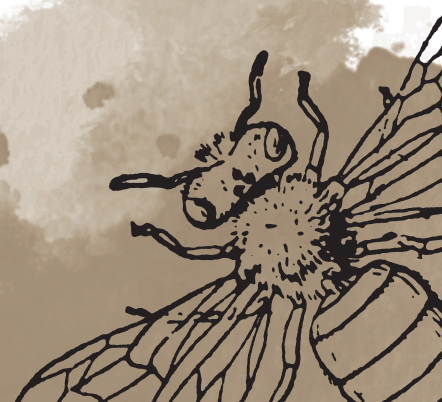


A migraine/pain infusion, administered intravenous (IV) infusion, is a specialized blend of fluids, medications, vitamins, and minerals designed to help alleviate migraine headaches or other types of moderate to severe pain.

INGREDIENTS

PREMIUM

- Magnesium Chloride
- Methylcobalamin (B12)
- Ascorbic Acid (Vitamin C)
- B Complex
- Ketorolac (Toradol) IV push





The Defender (Immune)



An immune boosting infusion, administered intravenous (IV) infusion, is a specialized blend of fluids, vitamins, minerals, and nutrients designed to support and strengthen the immune system .

INGREDIENTS

BASIC

- Ascorbic Acid (Vitamin C)
- Zinc

PREMIUM

- Magnesium Chloride
- Methylcobalamin (B12)
- Ascorbic Acid (Vitamin C)
- B Complex
- Zinc





The Hail Mary (Hangover)



A hangover infusion, administered intravenous (IV) infusion, is a specialized blend of fluids, vitamins, minerals, and nutrients designed to alleviate the symptoms of a hangover, such as dehydration, headache, fatigue, nausea, and overall malaise.

INGREDIENTS

BASIC

- Methylcobalamin (B12)
- Ketorolac (Toradol) IV push
- Ondansetron (Zofran) IV push
- Famotidine (Pepcid) IV push

PREMIUM

- Magnesium Chloride
- Methylcobalamin (B12)
- Ascorbic Acid (Vitamin C)
- B Complex
- Ketorolac (Toradol) IV push
- Ondansetron (Zofran) IV push
- Famotidine (Pepcid) IV push





Sweet Relief (Cold & Flu)



A specialized blend of fluids, vitamins, minerals, and other specialized medications designed to provide hydration, restore lost nutrients, and possibly shorten the duration of your cold and flu symptoms.

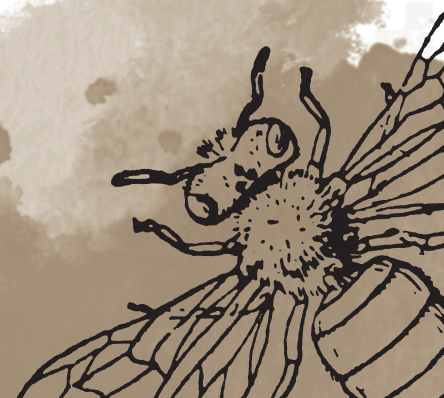
INGREDIENTS

BASIC

- Magnesium Chloride
- Ascorbic Acid (Vitamin C)
- Zinc

PREMIUM

- Magnesium Chloride
- Methylcobalamin (B12)
- Ascorbic Acid (Vitamin C)
- Zinc





The Mother of All Antioxidants (Glutathione)



A powerful antioxidant which may help detoxify the liver, control inflammation, boost athletic ability, slow the aging process, and brighten skin.

INGREDIENTS

BASIC

- Glutathione
- Normal Saline





Super Buzz (NAD⁺)



A powerful infusion of nicotinamide adenine dinucleotide (NAD⁺) to help boost energy, support cellular repair, and enhance cognitive function. Known for its anti-aging benefits, it works from the inside out by rejuvenating cells, improving metabolic function, and promoting healthier skin.

INGREDIENTS

BASIC

- NAD
- Normal Saline



Boosters

ZOFRAN: a medication used to quickly relieve nausea and vomiting.

TORADOL: a medication used for fast acting relief from mild to moderate pain and inflammation.

METHYLCOBALAMIN (B12): a vitamin used to boost energy levels, improve mood, and support brain function.

VITAMIN D3: also known as 'the sunshine vitamin' and is used to boost the immune system, support bone health, and improve mood.

COQ10: a vitamin that supports healthy heart function, improves energy levels, and enhances cellular function.

BIOTIN: a vitamin that promotes healthy hair, skin, and nails by supporting the body's natural keratin production.

FOLIC ACID: a vitamin that plays a key role in cell growth, DNA synthesis, and red blood cell production.

LIPO PLUS: a combination of lipotropic nutrients that support metabolism, boosts energy, and enhances liver function for healthy weight management.

GLUTATHIONE: a tripeptide that acts as a potent antioxidant.

Frequently Asked Questions

Is IV infusion therapy safe?

Yes, IV infusion therapy is completely safe when administered by our skilled healthcare professionals in a controlled and hygienic environment. During the treatment, essential vitamins, minerals, and fluids are delivered directly into your bloodstream through an intravenous line, ensuring quick and effective absorption. To ensure your safety, it's important to inform us of any allergies, medical conditions, or medications you're currently taking. This allows us to tailor the treatment to your specific needs and minimize any potential risks. Your health and well-being are our top priority, and we adhere to the highest safety standards to provide you with the most effective and secure IV therapy experience.

How long does the infusion typically last?

An IV therapy session usually lasts between 30 to 60 minutes. The exact duration depends on the specific IV drip selected and the rate at which the fluids and nutrients are infused. Some treatments may be administered more slowly to ensure optimal absorption, while others may have a faster infusion rate.

How often should I receive an infusion?

For individuals in good health looking to boost energy, enhance immunity, or recover from specific conditions, IV therapy once a week or a few times a month may be beneficial. Athletes or those with intense workout routines may opt for more frequent sessions to aid in recovery and improve performance.

It's important to discuss your health goals and concerns with our healthcare team. They will tailor an IV therapy plan to your needs and recommend the ideal frequency based on factors such as your overall health, any existing medical conditions, hydration levels, and the specific nutrients in the infusion. Your health and well-being are our top priority, and we're here to help you find the best approach to support your wellness journey.

Do you accept insurance?

Unfortunately, we do not accept insurance at this time as vitamin intravenous (IV) infusions and injections are not typically covered by insurance. We have found that some individuals have had success in using their flexible spending account cards.

Frequently Asked Questions

What are the benefits of IV therapy?

IV therapy, also known as drip therapy, is a highly effective way to deliver essential nutrients, vitamins, and fluids directly into your bloodstream. Unlike oral supplements, which must pass through the digestive system, IV therapy bypasses this process, allowing for maximum absorption. This direct delivery ensures that your body receives the full benefits of the nutrients without any loss during digestion. As a result, vitamins and nutrients are quickly accessible to your cells, providing fast and efficient results.

How does IV therapy work?

IV therapy works by delivering a special solution directly into your bloodstream through a small tube. This solution is carefully customized for you, and may include a mix of fluids, vitamins, and minerals to help you feel better, hydrate, or support your overall health.

During the therapy, a nurse inserts an IV line connected to a bag of saline solution, which is hung above the patient. Instead of using pressure, the fluid flows gently into the veins through the natural force of gravity, allowing for a slow and controlled infusion.

Why are vitamins, minerals, electrolytes, and antioxidants important?

To support overall health and maintain balance, our bodies need a consistent supply of vitamins and minerals. A deficiency in these vital nutrients can lead to both short-term and long-term health problems. Antioxidants are particularly important for strengthening the immune system, aiding in detoxification, and neutralizing free radicals that can damage cells. They also play a vital role in energy production within the body.

Do you have medical staff, and who administers my infusion?

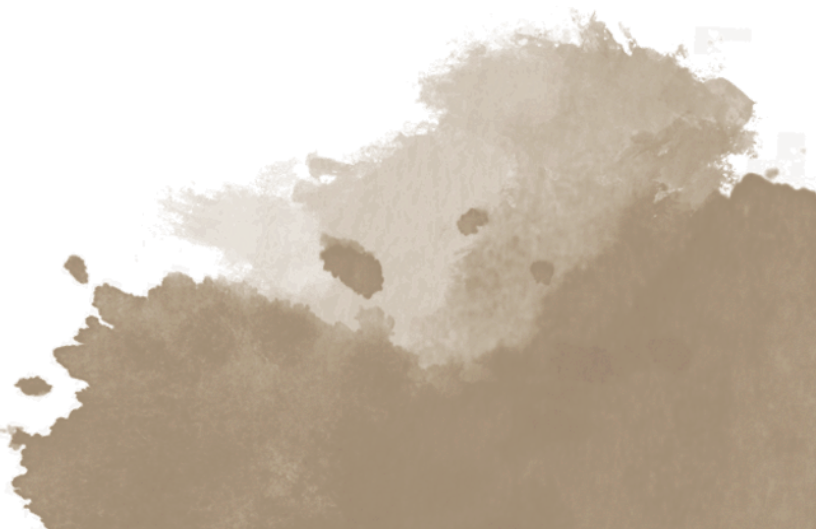
Yes, our clinic is overseen by a licensed healthcare provider who is responsible for reviewing and signing off on all treatment orders. The actual preparation and administration of your IV infusions and IM injections are carried out by our team of experienced Registered Nurses. All of our nurses have undergone extensive training in IV vitamin therapy to ensure the highest level of care and safety. We prioritize your well-being and follow strict protocols to provide you with a safe and effective treatment experience.



Frequently Asked Questions

Am I required to get lab work prior to my appointment?

No, lab work is not required before your appointment. We do not administer high doses of any vitamins or nutrients, and our treatments are designed with safety in mind. However, we do recommend checking your vitamin D levels through lab work before receiving a vitamin D injection, especially if you plan to undergo multiple sessions. While vitamin D toxicity is rare, it can occur with extended use, so we require that lab work be conducted after your second vitamin D injection to ensure your levels remain safe and balanced. Your well-being is our top priority, and we are always happy to discuss any concerns you may have.



Nutrient Descriptions

Magnesium Chloride: plays a crucial role in various bodily functions, including muscle and nerve function, energy production, and maintaining a healthy heartbeat.

Vitamin B12 (Methylcobalamin): plays a crucial role in maintaining healthy nerve cells, aiding in the production of DNA, and supporting red blood cell formation.

B-Complex: is a combination of essential B vitamins that play key roles in supporting overall health. These vitamins are crucial for energy production, maintaining healthy skin and eyes, supporting brain function, and aiding in the formation of red blood cells.

Ascorbic Acid: also known as Vitamin C, is commonly administered to address deficiencies and provide a boost to the immune system. This essential vitamin is crucial for collagen formation, wound healing, and antioxidant protection.

Zinc: plays a crucial role in various physiological functions within the body. Zinc is an essential mineral involved in enzyme activity, immune system function, and wound healing.

Alpha Lipoic Acid: plays a role in energy metabolism and has antioxidant properties, helping to neutralize free radicals in the body.

Famotidine: commonly known by the brand name Pepcid, is a medication often administered for the treatment of conditions related to excess stomach acid. It addresses conditions such as ulcers, gastroesophageal reflux disease (GERD), and certain types of inflammation in the stomach.

Nutrient Descriptions

Glutamine: an amino acid, which serves as a building block for proteins. It is classified as a conditionally essential amino acid, meaning that while the body can usually produce enough of it, there are times when the body's demand for glutamine exceeds its ability to produce it, such as during periods of stress, illness, or intense physical activity.

Citrulline: Enhances blood flow and improves exercise performance by reducing fatigue.

Arginine: Supports nitric oxide production, which can improve blood flow and nutrient delivery to muscles.

Proline: Used to support skin health, joint function, and recovery from injuries.

Lysine: Crucial for the production of proteins, which are needed for growth, muscle repair, and overall tissue maintenance.

Manganese: Involved in the metabolism of carbohydrates, proteins, and fats. It helps the body convert these nutrients into energy.

Copper: Copper is involved in the synthesis of collagen, which is essential for strong bones, skin, and connective tissues.



The Nectar Nest

